



Growth Mindset

The belief that abilities can be developed through hard work, the use of effective strategies, and help from others when needed.

Growth Mindset supportive educators foster the development of these **behaviors** in students:



1. Persisting through difficulty
2. Effort that leads to improvement
3. Learning from mistakes
4. Trying hard things
5. Using appropriate strategies and seeking new strategies and support when needed

Growth Mindset supportive educators foster the development of this **belief** in students:



Intelligence and skills
can be developed.

Rather than...

Intelligence is an
innate, fixed trait.

Growth Mindset supportive educators **consider these questions** as they make decisions:



1. How will students know effort matters and leads to improvement?
2. How will students know persisting through difficulty matters?
3. How will students know they will get to learn from their mistakes?
4. Will students know how and when to challenge themselves?
5. How will students learn new strategies and obtain support?

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